## **COMMUNITY BIBLE FELLOWSHIP**



"MAY THE GOD OF HOPE FILL YOU WITH ALL
JOY AND PEACE AS YOU TRUST IN HIM, SO
THAT YOU MAY OVERFLOW WITH HOPE BY
THE POWER OF THE HOLY SPIRIT."

**ROMANS 15:13** 

# **WEDNESDAY NIGHT MENU**

MAY IST - POTATO BAR

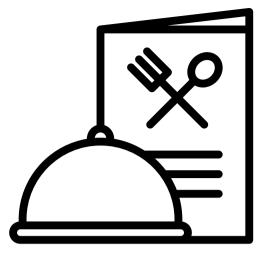
**MAY 8TH - HAMBURGERS** 

**MAY 15TH - ITALIAN** 

MAY 22ND - BRING WHATEVER YOU LIKE

MAY 29TH - BBQ

Details of food needed for Wednesday meals will be posted Mondays on Groupme.



# Happy Birthay **EMILY COLE BONNIE ALEWINE** MAY 7 **BAYLEE MYERS** -----MAY 7 GABE BARTON -----**MAY 11 GAVEN SANDERS** -----**MAY 12** SANDY MCCAULEY ----**MAY 25** KAILEE COLE ----- MAY 28

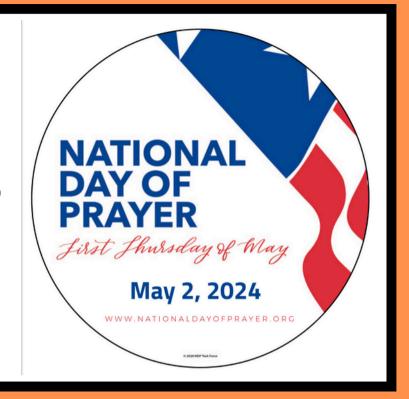
# UPCOMING EVENTS

THURSDAY, MAY 2ND 11:30 AM - 1 PM

THE ORCHARD EVENT CENTER

THERE WILL BE A CATERED LUNCH AND DINING TOGETHER AS A COMMUNITY TO PRAY FOR OUR NATION.

Hosted by the Azle Area Ministerial Alliance



### Men's Retreat

"Seeking the Savior"

June 6 - 8 Broken Bow, Ok

Cost: \$150 per person (1/2 payment due by April 15th and final payment due May 15th)



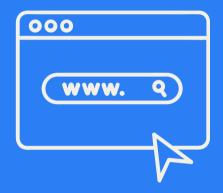


Saturday, May 11th 10 AM - 11 AM CBF Fellowship Hall



# ANNOUNCEMENT

# CBF HAS A WEBSITE!



**CHECK IT OUT AT:** 

WWW.CBFAZLE.ORG



### **Common Practice**

I look for ways to "win" conversations so that people understand my point of view.

Don't pretend to listen, do value the relationship.

Don't focus solely on your own agenda, do listen to learn.

Don't listen just to formulate your reply, do seek out common ideas and shared values.

Do consider that every conversation is an opportunity to learn and grow.

People respond differently when we actively listen, and we create trust if we first try to understand their position. It can help them see the value of talking to people they disagree with.

### **TRY THIS...**

- -What I'm hearing you say is...
- -I would like to learn more about what you think about this.
- -Let me be sure I understand you clearly...
- -I think I understand that you feel \_\_\_about\_\_\_
- -Express your point of view using "I" statements.

# LET'S TALK ABOUT PEACEFUL COMMUNICATION

**Best Practice** 



I realize that people listen to me better when I have listened to them well enough to understand their point of view.

### **Helpful Habits**

- Listen to understand rather than to reply or correct.
- Adjust what it means to "win" a conversation, so that understanding one another can be a "win".
- Assume that you do not know everything about another person's opinion or experience.
- Be willing to let your own opinions be put up for inspection.

### Buzzards, Bats, and Bumblebees

If you put a buzzard in a pen six or eight feet square and entirely open at the top, the bird, in spite of his ability to fly, will be an absolute prisoner. The reason is that a buzzard always begins a flight from the ground with a run of ten or twelve feet. Without space to run, as is his habit, he will not even attempt to fly, but will remain a prisoner for life in a small jail with no top.

The ordinary bat that flies around at night, a remarkably nimble creature in the air, cannot take off from a level place. If it is placed on the floor or flat ground, all it can do is shuffle about helplessly and, no doubt, painfully, until it reaches some slight elevation from which it can throw itself into the air. Then, at once, it takes off like a flash.

A bumblebee, if dropped into an open tumbler will be there until it dies unless it is taken out. It never sees the means of escape at the top, but persists in trying to find some way out through the sides near the bottom. It will seek a way where none exists, until it completely destroys itself.

In many ways, there are lots of people like the buzzard, the bat and the bumblebee. They are struggling about with all their problems and frustrations, not realizing that if they look up, they'll find the answer.